

FREEMOTION.

**t10.9**

MODEL # **FMTL39818**

INT # **FMTL39818-INT**

**REFLEX TREADMILL**

## ***CARDIO 10 SERIES TREADMILL***

The t10.9 Reflex™ Treadmill features a simplified user interface with race track visuals and readouts for calories, distance, speed and time. This treadmill is different because it feels different thanks to the improved proprietary Reflex™ cushioning that reduces impact and creates a longer, stronger run. The rebound effect of our unique deck suspension system propels runners to take that next stride forward. HIIT-friendly 1-STEP™ Controls help this machine immediately respond to trainer commands.

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## t10.9 REFLEX™ TREADMILL

### PRODUCT FEATURES

#### SIMPLIFIED USER INTERFACE

Track progress on this large, easy-to-read simplified user interface. Vital information such as speed, time, incline, calorie burn, pace and heart rate are front and center to keep the workout on track.

#### PROPRIETARY REFLEX™ CUSHIONING DECK

Easier on hips, knees and ankles, the Reflex™ Deck Cushioning absorbs motion to help the member run longer and stronger.

#### 1-STEP™ CONTROLS

Get instant response and immediate action with easy to understand, 1-STEP™ Controls for speed and incline. The easy read console is made for personal trainers and class setting HIIT workouts.

#### PRECISION QUICK SPEED

In-between speeds are achieved by pressing the 1-STEP™ Controls back-to-back. For instance, pressing '2' then '5' will take you to 2.5 mph (4 km/h) instead of repeatedly tapping the SPEED button. It's the training details like Precision Quick Speed that give you the workout advantage.

#### STRIKE ZONE INDICATORS

The Strike Zones show the runner the ideal running area on the treadmill.

#### CROSSFLOW™ FAN

It's amazing what a good on-board fan can do. Perfect for a quick cool down or use it to create a realistic run, either way, this bigger than normal fan is a welcome feature.

#### HEART RATE MONITORING

Get real-time data during the workout with built-in EKG grips. Results let members know when they're in the ideal heart-healthy zone.

### SPECIFICATIONS

Deck	Two-Sided Reflex™ Deck (Reversible)
Drive Motor	5.0 HP AC Commercial Drive Motor
Running Surface/Belt	21.5 x 60 in (54 x 152 cm) Quiet Belt
Elevation System	0% to +15% incline
Built-in Fan	Removable 8 in (20.3 cm) CrossFlow™ Fan
Display Type	Simplified User Interface
Maximum User Weight	400 lbs (182 kgs)
Step-up Height	12.2 in (31.1 cm)
Speed Range	0-12 mph (0-20 km/h)
Equipment Dimensions (L x W x H)	87.75 x 34 x 66 in (222.8 x 86.3 x 167.6 cm)
Shipping Dimensions (L x W x H)	89 x 41 x 27 in (226 x 41 x 27 cm)
Shipping Weight	579 lbs (262.6 kg)
Power Requirements	110-120 VAC, 20 Amp, US & Canada/International 220-240 VAC, 20 Amp
Regulatory Approvals	TUV/CUS, EN957, C-Tick, CE

#### OPTIONAL

- Personal 15.6 in (39 cm) HD TV
- 900/800 MHz Receiver

#### WARRANTY | US AND INTERNATIONAL

7 Year Frame, and Drive Motor | 2 Year Parts (Mechanical, Electronic) | 1 Year Labor (US Only)

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