

THROWDOWN XTC™ RIGS

The XTC is a hyper flexible rig, carefully engineered to create training zones for groups of members to train simultaneously. Constructed with 4' cross member bars, the XTC comes available in 14', 24' and 34' lengths to accommodate various spaces and group sizes. With a variety of station attachments, the XTC rigs are ideal for functional training. Functional training targets multiple major muscle groups simultaneously and mimics movements that you perform in day-to-day activities.



INTEGRATED STORAGE SOLUTIONS

From Olympic plates and kettle bells, to stability and medicine balls, XTC's integrated storage helps keep your functional fitness space organized and safe.



CREATE REVENUE OPPORTUNITIES

The XTC can be a valuable revenue tool as it can accommodate multiple trainers and members in one space and is ideal for small group and team training.



XTC 4x14 STANDARD



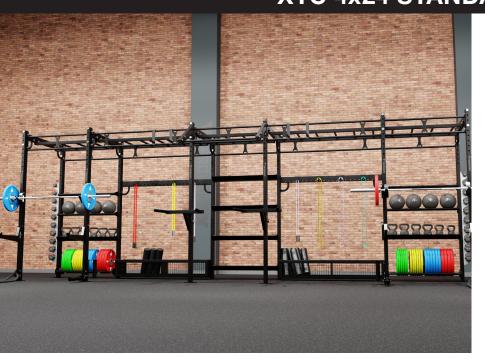
9-XTC-414C-60THD

WIDTH	178" (452.1CM)
DEPTH	81.3" (206.4CM)
HEIGHT	8'6" (259CM)
HEIGHT WITH BALL TARGETS 8' 11.5" (273CM)	
HEIGHT WITH FLYING PULL-UPS	9' 9" (297CM)
RECOMMENDED FLOOR SPACE	14' X 24' (4.26 X 7.32M)

INCLUDED ACCESSORIES

BALL SHELF, 4' X4	LANDMINE, RIG MOUNT X2	
STORAGE PIN X4	VERTICAL DUMBBELL RACK X2	
BAR STORAGE X2	ROPE ANCHOR, RIG MOUNT X2	
SQUAT STATION, 4' X2	WIDE SHELF, 4' X2	
PLATE STORAGE, 4' X2	STORAGE BIN, 6' X1	
TARGET + DPU ADAPTER X2	XTC CROSSMEMBER, 6' X1	

XTC 4x24 STANDARD



9-XTC-424C-60THD

	WIDTH	296" (751.8CM)
	DEPTH	86.85" (220.6CM)
	HEIGHT	8'6" (259CM)
HEIGHT	WITH BALL TARGETS	8' 11.5" (273CM)
HEIGHT W	ITH FLYING PULL-UPS	9' 9" (297CM)
RECOMM	ENDED FLOOR SPACE	14' X 34' (4.26 X 10.36M)

INCLUDED ACCESSORIES

BALL SHELF, 4' X4	VERTICAL DUMBBELL RACK X2	
NEUTRAL GRIP PULLUP X2	MEGA GRIP PULLUP BAR, 4' X1	
SQUAT STATION, 4' X2	STORAGE BIN, 6' X2	
BAR STORAGE X2	WIDE SHELF, 4' X6	
DIP BAR X2	MUSCLE UP ATTACHMENT X1	
PLATE STORAGE, 4' X2	STORAGE PIN X8	
TARGET + DPU ADAPTER X2	XTC CROSSMEMBER, 6' X2	
LANDMINE, RIG MOUNT X2	ROPE ANCHOR, RIG MOUNT X2	



XTC 4x34 STANDARD



9-XTC-434C-60THD

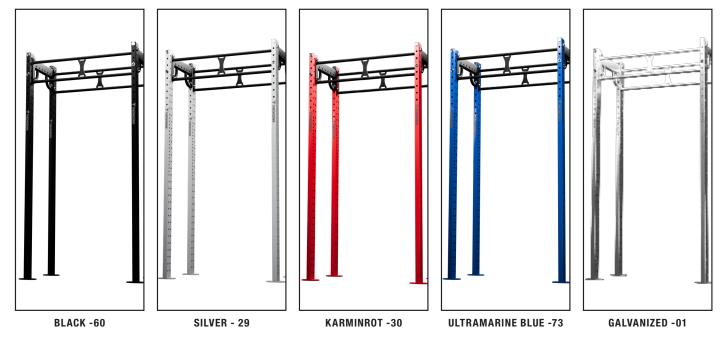
WIDTH	416" (1056.6CM)	
DEPTH	81.3" (206.5CM)	
HEIGHT	8'6" (259CM)	
HEIGHT WITH BALL TARGETS	8' 11.5" (273CM)	
HEIGHT WITH FLYING PULL-UPS	9' 9" (297CM)	
RECOMMENDED FLOOR SPACE	14' X 44' (4.26 X 13.41M)	

INCLUDED ACCESSORIES

BALL SHELF, 4' X8	LANDMINE, RIG MOUNT X4	STORAGE PIN X8
ROCK GRIP PULLUP X1	VERTICAL DUMBBELL RACK X2	WIDE SHELF, 6' X3
TARGET + DPU ADAPTER X4	STORAGE BIN, 6' X2	PLATE STORAGE, 4' X4
BAR STORAGE X4	WIDE SHELF, 4' X4	SQUAT STATION, 4' X4
ROPE ANCHOR, RIG MOUNT X4	NEUTRAL GRIP PULLUP X1	XTC CROSSMEMBER, 6' X2

XTC COLOR CUSTOMIZATION

We know what it takes to build an authentic, meaningful brand experience. Our customization program is the perfect way to leverage your personal brand and make a strong first impression. Get Throwdown XTC rigs in a variety of custom color options.





DUAL POST ATTACHMENTS



DUAL POST MOUNT LOCATIONS



FLYING PULLUP BAR, 4' SKU: 51-00246-60-KT MOUNT: DUAL POST



TRIANGLE PULLUP BAR, 4' SKU: 51-00252-60-KT MOUNT: DUAL POST



ROCK GRIP PULLUP SKU: 71-00229-60-KT MOUNT: DOUBLE PULLUP BAR



NEUTRAL GRIP PULLUP SKU: 71-00268-60-KT MOUNT: DOUBLE PULLUP BAR



SQUAT STATION SKU: 73-00151-60-KT MOUNT: DUAL POST



MEGA GRIP PULLUP BAR, 4' SKU: 51-00293-60-KT MOUNT: MUSCLEUP/POST



MEGA GRIP PULLUP BAR, 6' SKU: 51-00314-60-KT MOUNT: MUSCLEUP/POST



TARGET + DPU ADAPTER SKU: 73-00121-29THD-KT MOUNT: DOUBLE PULLUP BAR



XTC CROSSMEMBER, 6' SKU: 52-00114-60-KT MOUNT: DUAL POST



XTC CROSSMEMBER, 4' SKU: 52-00113-60-KT MOUNT: DUAL POST



WIDE SHELF, 4' SKU: 73-00322-60 MOUNT: DUAL POST



WIDE SHELF, 6'
SKU: 73-00323-60
MOUNT: DUAL POST



BALL SHELF, 4' SKU: 71-00271-60-KT MOUNT: DUAL POST



KETTLEBELL SHELF, 4' SKU: 73-00122-60-KT MOUNT: DUAL POST



PLATE STORAGE, 4' SKU: 71-00363-60-KT MOUNT: DUAL POST



STORAGE BIN, 4' SKU: 71-00402-60-KT MOUNT: DUAL POST



STORAGE BIN, 6' SKU: 52-00127-60-KT MOUNT: DUAL POST



STABILITY BALL SHELF, 6' SKU: 52-00156-60-KT MOUNT: DUAL POST



PLYO SHELF, 6' SKU: 73-00128-60-KT MOUNT: DUAL POST



PLATE STORAGE, 6' SKU: 73-00242-60-KT MOUNT: DUAL POST



LOCKING DRAWER, 42" SKU: 73-00267-60-KT MOUNT: DUAL POST



LOCKING DRAWER, 4' SKU: 73-00268-60-KT MOUNT: DUAL POST



LOCKING DRAWER, 6' SKU: 73-00269-60-KT MOUNT: DUAL POST



DRAWER TOPPER SHELF, 42" SKU: 73-00279-60-KT MOUNT: DUAL POST



DRAWER TOPPER SHELF, 4' SKU: 73-00280-60-KT MOUNT: DUAL POST



DRAWER TOPPER SHELF, 6' SKU: 73-00266-60-KT MOUNT: DUAL POST



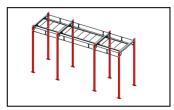
LOCKABLE BIN, 4' SKU: 73-00282-60-KT MOUNT: DUAL POST



LOCKABLE BIN, 6' SKU: 73-00283-60-KT MOUNT: DUAL POST



SINGLE POST ATTACHMENTS



SINGLE POST MOUNT LOCATIONS



UNIVERSAL CLIP ATTACHMENT SKU: 72-00108-60-KT MOUNT: POST



STEP-UP SKU: 71-00100-60-KT **MOUNT:** POST



DIP BAR SKU: 71-00101-60-KT MOUNT: POST



LANDMINE, RIG MOUNT SKU: 71-00227-60-KT MOUNT: POST



BAR STORAGE SKU: 71-00267-60-KT MOUNT: POST



ROPE HANGER SKU: 71-00360-60-KT MOUNT: POST



VERTICAL DUMBBELL RACK SKU: 71-00367-60-KT MOUNT: POST



ROPE ANCHOR, RIG MOUNT SKU: 71-00308-60-KT MOUNT: POST



STORAGE PEG SKU: 71-00357-60-KT MOUNT: POST



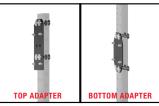
CROSSMEMBER EXTENSION SKU: 52-00144-60-KT MOUNT: POST



MUSCLE UP ATTACHMENT SKU: 52-00122-60-KT MOUNT: DUAL POST



SKU: 72-00133-29THD-KT
MOUNT: POST



ROPE TRAINING ADAPTER KIT SKU: 72-00109-60 MOUNT: POST



HEX BARBELL STORAGE KIT SKU: TD-BBSTOR MOUNT: POST



XTC WEIGHT HORN (LEFT, RIGHT) SKU: 72-00142-XX-KT (LEFT) 72-00143-XX-KT (RIGHT) MOUNT: POST

CROSSMEMBER ATTACHMENTS



CROSSMEMBER MOUNT LOCATIONS



TARGET
SKU: 72-00133-29THD-KT
MOUNT: CROSSMEMBER



STORAGE PIN SKU: 52-00139-60-KT MOUNT: CROSSMEMBER



BAG HANGER SKU: 71-00323-60-KT MOUNT: CROSSMEMBER

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

