

I-2102

INNOVA

Shoulder Press



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Innova's Shoulder Press features independent converging arms designed for a natural overhead pressing motion. It's the ideal equipment to provide an intuitive experience for exercising the shoulders and arms from a comfortable, ergonomic sitting position.

PRODUCT FEATURES



Ergonomically Designed

The series features design considerations that provides a natural feel, enhancing the work-out experience.



Training Labels

We provide training labels with QR codes to assist your fitness activities.



Personal Belongings

Gym fuss-free with the convenience of compartments to hold your personal belongings – towel, keys, water bottle, mobile devices, etc.



Colours Available

Trimming Colours – Cool Grey or Sleek Black, Upholstery Colours – Beige or Black.



Cool Grey Sleek Black

Beige Black



PRODUCT SPECIFICATIONS

DIMENSIONS	1530 x 1540 x 1520mm	SMALL WEIGHT STACK	3.4KG (7.5lbs)	TOP 1ST WEIGHT STACK	4.5KG (10lbs)	NORMAL WEIGHT STACK	6.8KG (15lbs)
BELT & CABLE COMBINATION	COMBINATION	NORMAL WEIGHT STACK QUANTITY	12pcs	UNIT WEIGHT (W/O STACK)	164KG (361lbs)	EXTRA/ADD WEIGHT STACK	6.8KG (15lbs)*3
TOTAL WEIGHT STACK	3.4KG + 4.5KG + 6.8KG*12 = 89.5KG (7.5lbs + 10lbs + 15lbs*12 = 197.5lbs)		REAL WEIGHT VS CABLE WEIGHT	1:2 (Single Side), 1:1 (Both Side)			

PRODUCT DETAILS

- Double position handles to allow multifarious training
- Flat ramp weight stack shoulder for reasonable starting resistance
- Angled seat design to ensure better training position and provide better support