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INNOVA

Seated Leg Curl



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FORGING LIVES

INNOVA

Seated Leg Curl

Innova's Seat Leg Curl strengthens the hamstring muscles in a relaxed seated position with adjustable seating to accommodate different leg lengths. The equipment offers a smooth and silent leg-curl motion from start to finish engaging every hamstring fibre to achieve the user's maximum potential.

PRODUCT FEATURES



Ergonomically Designed

The series features design considerations that provides a natural feel, enhancing the work-out experience.



Training Labels

We provide training labels with QR codes to assist your fitness activities.



Personal Belongings

Gym fuss-free with the convenience of compartments to hold your personal belongings – towel, keys, water bottle, mobile devices, etc.



Colours Available

Trimming Colours – Cool Grey or Sleek Black, Upholstery Colours – Beige or Black.



Cool Grey Sleek Black

Beige Black



PRODUCT SPECIFICATIONS

DIMENSIONS	1156 x 1407 x 1524mm	SMALL WEIGHT STACK	3.4KG (7.5lbs)	TOP 1ST WEIGHT STACK	4.5KG (10lbs)	NORMAL WEIGHT STACK	6.8KG (15lbs)
BELT & CABLE COMBINATION	ONLY BELT	NORMAL WEIGHT STACK QUANTITY	12pcs	UNIT WEIGHT (W/O STACK)	167KG (368lbs)	EXTRA/ADD WEIGHT STACK	6.8KG (15lbs)*3
TOTAL WEIGHT STACK	3.4KG + 4.5KG + 6.8KG*10 = 76KG (7.5lbs + 10lbs + 15lbs*10 = 167.5lbs)		REAL WEIGHT VS CABLE WEIGHT	1:1			

PRODUCT DETAILS

- Double leg cushions to provide stability and comfort
- Angled seat design to ensure better training position and provide better support without the need to shift seating positions whilst changing different work-outs