

I-2116

# INNOVA

Glute Press



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FORGING LIVES

# INNOVA

## Glute Press

Innova's Glute Press is an ergonomically-designed machine featuring a comfortable position that trains the gluteal muscles. Designed to have the user standing while performing a horse-kick ensures a focused and isolated squeeze of the glutes one cheek at a time.

### PRODUCT FEATURES



#### *Ergonomically Designed*

The series features design considerations that provides a natural feel, enhancing the work-out experience.



#### *Training Labels*

We provide training labels with QR codes to assist your fitness activities.



#### *Personal Belongings*

Gym fuss-free with the convenience of compartments to hold your personal belongings – towel, keys, water bottle, mobile devices, etc.



#### *Colours Available*

Trimming Colours – Cool Grey or Sleek Black,  
Upholstery Colours – Beige or Black.



Cool Grey Sleek Black



Beige Black

### PRODUCT SPECIFICATIONS

DIMENSIONS	2230 x 1025 x 1524mm	SMALL WEIGHT STACK	3.4KG (7.5lbs)	TOP 1ST WEIGHT STACK	4.5KG (10lbs)	NORMAL WEIGHT STACK	6.8KG (15lbs)
BELT & CABLE COMBINATION	COMBINATION	NORMAL WEIGHT STACK QUANTITY	12pcs	UNIT WEIGHT (W/O STACK)	182KG (401lbs)	EXTRA/ADD WEIGHT STACK	6.8KG (15lbs)*3
TOTAL WEIGHT STACK	3.4KG + 4.5KG + 6.8KG*12 = 90KG (7.5lbs + 10lbs + 15lbs*12 = 197.5lbs)		REAL WEIGHT VS CABLE WEIGHT	1:2			

#### PRODUCT DETAILS

- Adjustable chest cushion in accordance to user's preference
- Wider pedal surface area to improve equipment stability
- At an angle of 25 degrees to optimize the activities of the gluteal muscle