

I-2103

INNOVA

Chest Press



www.doit.com.sg

DOIT
FORGING LIVES

INNOVA

Chest Press

Innova's Chest Press features converging arm movements that produces a natural pressing motion to strengthen chest muscles. The equipment is all about safety & comfort – from an adjustable seat to different exercise hand grip positions. Users can enjoy a focused chest workout without worrying about their backs being strained.

PRODUCT FEATURES



Ergonomically Designed

The series features design considerations that provides a natural feel, enhancing the work-out experience.



Training Labels

We provide training labels with QR codes to assist your fitness activities.



Personal Belongings

Gym fuss-free with the convenience of compartments to hold your personal belongings – towel, keys, water bottle, mobile devices, etc.



Colours Available

Trimming Colours – Cool Grey or Sleek Black,
Upholstery Colours – Beige or Black.



Cool Grey Sleek Black

Beige Black



PRODUCT SPECIFICATIONS

DIMENSIONS	1107 x 1405 x 1524mm	SMALL WEIGHT STACK	3.4KG (7.5lbs)	TOP 1ST WEIGHT STACK	4.5KG (10lbs)	NORMAL WEIGHT STACK	6.8KG (15lbs)
BELT & CABLE COMBINATION	COMBINATION	NORMAL WEIGHT STACK QUANTITY	12pcs	UNIT WEIGHT (W/O STACK)	155KG (341lbs)	EXTRA/ADD WEIGHT STACK	6.8KG (15lbs)*3
TOTAL WEIGHT STACK	3.4KG + 4.5KG + 6.8KG*12 = 89.5KG (7.5lbs + 10lbs + 15lbs*12 = 197.5lbs)		REAL WEIGHT VS CABLE WEIGHT	1:2 (Single Side), 1:1 (Both Side)			

PRODUCT DETAILS

- Multiple levels of seating adjustment
- 4.5mm diameter imported high-strength flexible wire rope to ensure a smooth workout
- Weight stack from 150lb - 300lb (68kg - 136kg)