



s11.9 INDOOR CYCLE

LINE › FreeMotion® Fitness

TYPE › Cardio

MODEL › FMEX82910

OPTION › Compatible with both FMPW11 and FMRPM11 consoles.

FEATURES & BENEFITS

LIGHTWEIGHT, ALUMINUM FRAME › Resistant to rust, this aluminum frame is not only maintenance friendly, it's lightweight and easy to move between classes.

MAGNETIC RESISTANCE › This sophisticated system delivers consistent resistance for every bike. Plus, with no brake pads to maintain, the magnetic resistance system is virtually maintenance free.

2" FORE/AFT HANDLEBAR AND SEAT ADJUSTMENT › Designed for safety and comfort, the patent-pending fore/aft adjustment allows the user a 2" range with a neutral position that will fit 90% of all users.

DUAL-SIDED PEDALS, SPD AND TOE CAGE › Compatible with the majority of cycling-appropriate shoes, these dual-sided pedals accommodate both high-performance SPD cleats and traditional fitness shoes.

PERIMETER-WEIGHTED FLYWHEEL › With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

OPEN, STEP-THROUGH DESIGN › Easier to get on and off, the patent-pending step-through design is ideal for users of all shapes and sizes.

COMFORTABLE SADDLE › Ergonomically designed saddle offers both pressure relief and support for the ultimate in user comfort.

DURABLE CHAIN DRIVE › Low maintenance and extremely durable, the chain delivers a more realistic and efficient ride.

RESISTANCE KNOB WITH QUICK-STOP BRAKE › Conveniently incorporated, the resistance adjustment and patent-pending quick-stop brake are within easy reach.

PRODUCT SPECIFICATIONS

Dimensions (LWH)	48" x 20.1" x 44.5" (122 cm x 51 cm x 113 cm)
Drive System	Chain
Resistance System	Magnetic Eddy Current
Pedal	Dual-Sided with SPD and Toe Cage
Assembly Hardware	Stainless Steel
Frame	Aluminum
System Inertia	High Inertia
Flywheel	Cast Iron Perimeter Weighted
Pop-Pin	Stainless Steel
Maximum User Weight	350 lbs. (159 kgs)
Warranty	15-Year Frame, 3-Year Parts, 1-Year Labor, 6-Month Wear Items
Other	Transport Wheels, 2 Integrated Water Bottle Holders,

FreeMotion

877.363.8449 › www.freemotionfitness.com

FREEMOTION | CARDIO | INDOOR CYCLE s11.9

© 2012 ICON Health & Fitness, Inc. All rights reserved. Specifications subject to change.