



## s11.6 INDOOR CYCLE

**LINE** › FreeMotion® Fitness

**TYPE** › Cardio

**MODEL** › FMEX88910

**OPTION** › Upgradable to RPM or Power Console

### FEATURES & BENEFITS

**STEEL FRAME WITH ZINC PLATING** › The S11.6 frame is zinc electroplated before powder coating, creating two layers of protection to resist rust and wear and tear.

**FRICTION RESISTANCE** › Featuring a single felt composite brake pad, this friction resistance system requires less maintenance over time than other systems with two pads. For a smoother, more consistent performance, the brake pad is positioned at the perimeter of the flywheel.

**2" FORE/AFT SEAT ADJUSTMENT** › Designed for safety and comfort, the fore/aft seat adjustment allows the user a 2" range with a neutral seat position that will fit 90% of all users.

**STANDARD TOE CLIP WITH STRAP** › Ergonomically designed to keep shoes in place, this pedal features a standard toe clip with adjustable strap.

**PERIMETER-WEIGHTED FLYWHEEL** › With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

**OPEN, STEP-THROUGH DESIGN** › Easier to get on and off, the patent-pending step-through design is ideal for users of all shapes and sizes.

**COMFORTABLE SADDLE** › Ergonomically designed saddle offers both pressure relief and support for the ultimate in user comfort.

**DURABLE CHAIN DRIVE** › Low maintenance and extremely durable, the chain delivers a more realistic and efficient ride.

**RESISTANCE KNOB WITH QUICK-STOP BRAKE** › Conveniently incorporated, the resistance adjustment and patent-pending quick-stop brake are within easy reach.



### PRODUCT SPECIFICATIONS

Dimensions (LWH)	48" x 20.1" x 44.5" (122 cm x 51 cm x 113 cm)
Drive System	Chain
Resistance System	Friction with 1 Brake Pad
Pedal	Standard Toe Clip with Strap
Assembly Hardware	Stainless Steel
Frame	Steel + Zinc Plating
System Inertia	High Inertia
Flywheel	Cast Iron Perimeter Weighted
Pop-Pin	Stainless Steel
Maximum User Weight	350 lbs. (159 kgs)
Warranty	15-Year Frame, 3-Year Parts, 1-Year Labor, 6-Month Wear Items
Other	Transport Wheels, 2 Integrated Water Bottle Holders,

**FREEMOTION**

877.363.8449 › [www.freemotionfitness.com](http://www.freemotionfitness.com)

FREEMOTION | CARDIO | INDOOR CYCLE s11.6

© 2012 ICON Health & Fitness, Inc. All rights reserved. Specifications subject to change.