



FreeMotion® Reflex T7.7 Treadmill VMTL29811

Superior technology, luxurious comfort and powerful performance combine for an incredible workout experience in the FreeMotion® Reflex t7.7 Treadmill. This treadmill was built to last and is backed by a Lifetime Frame, Motor and Deck Warranty. The incredibly powerful 4.0 CHP Commercial Pro Motor is dynamically spin-balanced and delivers superior performance. iFit® Technology offers workouts Powered by Google Maps™ and training with Jillian Michaels. Plus, with Reflex™ Cushioning, you'll protect your joints and stay comfortable during and after your workout. Other features include -3% decline control, a 10" high-definition full-color cap touch screen and an extra-long 20" x 60" 2-ply commercial tread belt

+ Polar® Wireless Chest Pulse Strap and Dual-Grip Heart Rate Monitor

Get a continuous heart rate reading with this wireless chest heart rate monitor! You'll stay in the right training zone with a constant reading displayed on the console. Plus, for intermittent readings, use the hand-grip sensors conveniently built-in to the handlebars.

+ iFit® Ready*

Get smarter workouts and faster results with iFit® Technology. Featuring workouts Powered by Google Maps™, training with Jillian Michaels and automatic speed and incline controls, this wireless technology is the ultimate workout experience! Now, you can customize your own fitness program, receive automatic workout downloads and manage your profile online. Google and Google Maps are registered trademarks of Google, Inc. iFit® Ready*: **iFit® Ready machines require an iFit® membership sold separately. Purchase an iFit® membership today to get the infinite benefits that come from training with iFit® Technology.

+ 10" High-Definition Full-Color Cap Touch Screen

Stay in touch with your workout with the new touch screen. Navigate through workout stats and options with the swipe of a finger. Quickly view your speed, time, distance, calories burned, pulse and incline on the large, easy-to-read display.

+ CoolAire™ Workout Fan

when we do customer reviews we are surprised to find out that one of the favorite features on our NordicTrack exercise equipment is the CoolAire Fan. You'll stay cool while you workout, allowing you to workout longer and reach your goals faster. It's built right into the console and has two speeds for your comfort.

+ Set-a-Goal Workout Center

Get a personalized workout experience with the Set-a-Goal Workout Center. Select your time, distance, calorie or pace goal and the Reflex t7.7 Treadmill automatically creates a workout just for you!

+ 9 Built-In Workouts

Take the guesswork out of your workout with these built-in workouts. Choose from map, competition, HD Video or weight-loss workouts to start on your fitness journey.

+ Compatible Music Port for iPod®

Move to the beat of your favorite music with this built-in sound system. Plug your iPod®, or MP3 Player, into the Interplay™ Music Port for unbeatable sound quality. With the iPod® resting on the console shelf, it's within easy reach and leaves the controls right at your fingertips.

*iPod is a trademark of Apple, Inc., registered in the US and other countries. iPod® not included.



4.0 CHP AC	Dynamically spin-balanced and extensively tested for superior performance in vibration and noise, this brushless
Commercial Pro Motor	AC motor is the smoothest, quietest motor available today.
Reflex™	Experience extreme joint protection with Reflex™
Cushioning	Cushioning. It's the perfect combination of comfort and performance.
0-15% 1-Step™	The best and most convenient incline adjustment, 1-Step™
Incline Control	Incline Control allows you to change the incline with the touch of a button instead of tediously scrolling through options as you would with traditional incline controls.
-3-0% 1-Step™	It's the newest revolution to the treadmill workout: walking at a decline. Activate different muscles for faster results by walking at a decline, burn more calories than walking on a flat surface and stimulate more muscle for faster results.
22" x 60" 2-Ply Commercial Tread belt	This heavy-duty, 2-ply commercial-grade treadmill belt is designed to operate quieter than a normal tread belt—just one more vital component of a balanced drive system.
0-12 MPH 1-Step™ Precision Speed Control	Instead of tediously scrolling through options, 1-Step™ Speed Control allows you to instantly change the speed of the treadmill between 0-12 MPH with the touch of a button.
Warranty	Lifetime Base Frame, 3 Years Drive Motor, 3 Years Parts Including Belt & Deck, and 3 Years Labor.