



## F817 SEATED ROW

**LINE** › FreeMotion® EPIC

**TYPE** › selectorized

**MODEL** › F817

**FEATURE** › FreeGrip™ handles

### FEATURES & BENEFITS

**FREEGRIP™ HANDLES** › Handles swivel 360° for various rowing exercises and to accommodate natural wrist movement. They tilt vertically and horizontally for a natural, user-defined range of motion.

**UNILATERAL ARM MOVEMENT** › Arms move independently for single or two-arm exercises in a diverging movement pattern.

**ADJUSTABLE CHEST PAD** › To help isolate the upper body and accommodate users with various arm lengths, the chest pad can be adjusted.

**SEAT ADJUSTMENT** › Seat adjusts to multiple positions to accommodate all user heights.

**CABLE** › Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

**WEIGHT STACK AND INCREMENT SYSTEM** › Featuring a 255 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Seated Row delivers incredible versatility.

**FLOOR PROTECTORS** › Made of molded rubber, these guards protect the floor.

**SERVICEABILITY** › The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

### PRODUCT SPECIFICATIONS

Dimensions (LWH)	68" x 41" x 60" (173 cm x 104 cm x 152 cm)
Weight Stack Configuration	(10) 20 lb. plates (9 kgs) (4) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	606 lbs. (275 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor

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