



F814 PRONE LEG CURL

LINE › FreeMotion® EPIC

TYPE › selectorized

MODEL › F814

FEATURE › contoured arm supports

FEATURES & BENEFITS

ADJUSTABLE LEG ASSEMBLY › To accommodate users of various heights, the leg assembly can be adjusted to one of three positions.

CONTOURED ARM SUPPORTS › Designed for comfort, arm supports are contoured to help isolate the lower body.

CABLE › Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

WEIGHT STACK AND INCREMENT SYSTEM › Featuring a 195 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Prone Leg Curl delivers incredible versatility.

FLOOR PROTECTORS › Made of molded rubber, these guards protect the floor.

SERVICEABILITY › The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

PRODUCT SPECIFICATIONS

Dimensions (LWH)	67" x 47" x 60" (170 cm x 119 cm x 152 cm)
Weight Stack Configuration	(18) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	551 lbs. (250 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor

FREEMOTION
877.363.8449 › www.freemotionfitness.com