



F810 BICEP

LINE › FreeMotion® EPIC

TYPE › selectorized

MODEL › F810

FEATURE › curved handle design

FEATURES & BENEFITS

HANDLE DESIGN › Unique handle design allows for a comfortable, natural grip for multiple hand positions.

SEAT ADJUSTMENT › Seat adjusts to multiple positions to accommodate all user heights.

CABLE › Heavy-duty, ¼” cable is rated to 4,200 lb. minimum tensile strength.

WEIGHT STACK AND INCREMENT SYSTEM › Featuring a 205 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Bicep delivers incredible versatility.

FLOOR PROTECTORS › Made of molded rubber, these guards protect the floor.

SERVICEABILITY › The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

PRODUCT SPECIFICATIONS

Dimensions (LWH)	42" x 50" x 60" (107 cm x 127 cm x 152 cm)
Weight Stack Configuration	(5) 20 lb. plates (9 kgs) (9) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	556 lbs. (252 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor

FREEMOTION
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