



F809 HIP ADDUCTION/ABDUCTION

LINE › FreeMotion® EPIC

TYPE › selectorized

MODEL › F809

FEATURE › dual-function machine

FEATURES & BENEFITS

PIVOTING THIGH PADS › Padded for comfort, thigh pads pivot to allow users to perform both hip adductions and abductions.

MULTIPLE START POSITIONS › Leg assembly can be set in one of nine start positions to fit a wide variety of users.

FOOT PEGS › Foot pegs are textured for secure placement, allowing the user to isolate the lower leg.

CABLE › Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

WEIGHT STACK › Featuring a 150 lb. weight stack, the FreeMotion® EPIC Hip Adduction/Abduction delivers incredible versatility.

FLOOR PROTECTORS › Made of molded rubber, these guards protect the floor.

SERVICEABILITY › The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

PRODUCT SPECIFICATIONS

Dimensions (LWH)	64" x 60" x 60" (163 cm x 152 cm x 152 cm)
Weight Stack Configuration	(14) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs)
Product Weight	522 lbs. (237 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor

FREEMOTION
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