



F708 ROTARY

LINE › FreeMotion

TYPE › Selectorized

MODEL › F708

FEATURE › Progressive Resistance

The FreeMotion LIVEAXIS™ Rotary allows you to perform multiple workouts at one station. The pulley arm rotates 180 degrees to quickly switch up your workout and target different muscles. The Rotary targets arms, shoulders, chest and back muscles. Simply rotate the arm and change the angle of your body to switch up your workout! Plus, live-sliding pulleys follow your path of movement—offering progressive resistance and optimum muscle activation throughout your entire exercise. Maximize your workout and engage your body with the LIVEAXIS™ Rotary.

» FEATURES & BENEFITS

PROGRESSIVE RESISTANCE › Live-sliding pulley technology allows the user's muscles to stay at optimum activation with never-ending resistance throughout the entire movement.

180-DEGREE ARM ROTATION › Engage multiple muscle groups in a variety of exercises without changing machines! The rotary's arm conveniently rotates 180 degrees to quickly switch up your workout and receive a total body workout.

SWIVEL PULLEYS › Because the pulleys swivel, it allows the user to target specific muscles and recruit the muscles being used to stabilize and balance the body.

INDEPENDENT ARM MOVEMENT › Handles move independently for a wide variety of shoulder exercises and single arm movements.

CABLE TRAVEL › Extensive cable travel allows for full exercise flexion, single arm: 67 inches (170 cm), two arms: 33 inches (84 cm).

ENCLOSED 300 LB. WEIGHT STACK › Limits access to moving parts for user safety.

KICK PLATES › 18-gauge, stainless steel kick plates protect the machine from wear and tear.

INDUSTRIAL CONSTRUCTION › Equipment is built with 11- and 7-gauge steel tubing and is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.

ADA COMPLIANT › Compliant with the Americans with Disabilities Act for wheelchair accessibility.

» PRODUCT SPECIFICATIONS

Dimensions	100" H x 90" W x 44" L 254 cm H x 229 cm W x 112 cm L
Effective Resistance	1 arm – 75 lbs. (34 kg) 2 arms – 150 lbs. (68 kg)
Weight Stack Configuration	10 – 100 x 10 lbs. (2 – 23 x 4 kg) 120 – 300 x 20 lbs. (28 – 68 x 9 kg)
Weight	677 lbs. (308 kg)
Cable Diameter	Exerflex Pro®: 5/32-inch rated to 980 lbs. (445 kg)
Warranty	3-Year Ball Bearings, Rods, Pulleys, Weight Stack 1-Year Cables, Linear Bearings, Labor