

# SELECTORIZED



## F624 DUAL CABLE CROSS

**LINE** › FreeMotion®

**TYPE** › Selectorized

**MODEL** › F624

**FEATURE** › arms rotate vertically & horizontally, ADA compliant

### FEATURES & BENEFITS

**SWIVEL PULLEYS** › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

**INDEPENDENTLY ROTATING ARMS** › Each arm rotates vertically and horizontally with 12 vertical and 9 horizontal settings to accommodate virtually any movement pattern. Arms are counterbalanced for easy positioning.

**INDEPENDENTLY MOVING HANDLES** › Handles can move independently for virtually unlimited exercises.

**ADA COMPLIANT** › Compliant with Americans with Disabilities Act for wheelchair accessibility.

**CABLE TRAVEL** › Extensive cable travel allows for full exercise extension or flexion, single arm: 97 inches (246 cm), two arms: 97 inches (246 cm).

**WEIGHT STACKS** › Enclosed weight stacks limits access to moving parts for user safety. Dual independent stacks allow two members to workout simultaneously.

**INDUSTRIAL CONSTRUCTION** › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

**KICK PLATES** › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

### PRODUCT SPECIFICATIONS

Dimensions (LWH)	70" x 122" x 95" (178 cm x 310 cm x 241 cm)
Weight Stack Configuration	10 – 100 x 10 lbs. (4.5 – 45 x 4.5 kg) 120 – 200 x 20 lbs. (54 – 90 x 9 kg)
Product Weight	1150 lbs. (522 kg)
Effective Resistance	per arm – 80 lbs. (36 kg)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Cable Diameter	3/16-inch rated to 2,000 lbs.

 **FREEMOTION**  
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