

SELECTORIZED



FREEMOTION®



F609 QUADRICEP

LINE › FreeMotion®

TYPE › Selectorized

MODEL › F609

FEATURE › Line-X Platform

PRODUCT SPECIFICATIONS

Dimensions (LWH)	66" x 36" x 74" (167 cm x 91 cm x 188 cm)
Weight Stack Configuration	2.5 – 25 x 2.5 lbs. (1.3 – 11.5 x 1.13 kg) 30 – 75 x 5 lbs. (13.5 – 34 x 2.25 kg)
Product Weight	440 lbs. (200 kg)
Effective Resistance	1 leg – 75 lbs. (34 kg)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Cable Diameter	3/16-inch rated to 2,000 lbs.

FEATURES & BENEFITS

UPGRADED HANDLE › The FreeMotion Quad has an upgraded handle with improved ergonomics and multiple gripping positions. This is perfect for the first-time exerciser, they can hold the bar as an aid for balance.

NEW! LINE-X PLATFORM › The new Line-X Platform was added to make foot positioning more flexible and comfortable.

SWIVEL PULLEYS › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

FOOT HARNESS › Specially designed harness fits a wide variety of users.

CABLE TRAVEL › Extensive cable travel allows for full exercise extension, single leg: 81 inches (206 cm).

WEIGHT STACK › Enclosed weight stack limits access to moving parts for user safety.

INDUSTRIAL CONSTRUCTION › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

KICK PLATES › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

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877.363.8449 › www.freemotionfitness.com