

# SELECTORIZED



**FREEMOTION®**

## F600 CHEST

**LINE** › FreeMotion®

**TYPE** › Selectorized

**MODEL** › F600

**FEATURE** › ADA Compliant



### PRODUCT SPECIFICATIONS

Dimensions (LWH)	80" x 58" x 74" (203 cm x 147 cm x 188 cm)
Weight Stack Configuration	5 – 50 x 5 lbs. (2.25 – 22.75 x 2.25 kg) 60 – 200 x 10 lbs. (27.25 – 91 x 4.5 kg)
Product Weight	530 lbs. (241 kg)
Effective Resistance	1 arm - 100 lbs. (45.5kg) 2 arms - 200 lbs. (91kg)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Cable Diameter	3/16-inch rated to 2,000 lbs.

### FEATURES & BENEFITS

**SWIVEL PULLEYS** › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

**INDEPENDENT ARM MOVEMENT** › Handles move independently for a wide variety of chest exercises and single arm movements.

**TRADITIONAL SEATED POSITION** › A supported position is ideal for traditional and first-time exercisers. To further challenge the body, advanced users may perform exercises off the backrest or standing.

**CABLE TRAVEL** › Extensive cable travel allows for full exercise extension, single arm: 76 inches (193 cm), two arms: 38 inches (96.5 cm).

**WEIGHT STACK** › Enclosed weight stack limits access to moving parts for user safety.

**INDUSTRIAL CONSTRUCTION** › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

**KICK PLATES** › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

**ADA COMPLIANT** › Compliant with Americans with Disabilities Act for wheelchair accessibility.

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