



## F221 GLUTE-HAM BENCH

**LINE** › FreeMotion® EPIC

**TYPE** › Strength

**MODEL** › F221

### FEATURES & BENEFITS

**ADJUSTABLE BACKREST** › Backrest tilts from -5 to 80 degrees and seat tilts to a 30-degree incline for a comfortable fit when performing free weight exercises. **ADJUSTABLE CONTOURED LEG PADS** › Can adjust horizontally and vertically to fit a wide variety of users of different heights. **SEWN VINYL SEAT PADS** › Durable and comfortable seating pads offer a comfortable workout and are built to last. **BOLT-DOWN HOLES** › For added safety, pieces can be bolted to the floor through predrilled holes. **HEAVY DUTY COMMERCIAL-GAUGE STEEL** › Built to take on your toughest workouts, this bench was made with commercial-gauge solid steel.

### PRODUCT SPECIFICATIONS

<b>DIMENSIONS (LWH)</b>	<ul style="list-style-type: none"> <li>› 44" x 39" x 60"</li> <li>› 112 x 99 x 511 cm</li> </ul>
<b>PRODUCT WEIGHT</b>	<ul style="list-style-type: none"> <li>› 350 lbs.</li> <li>› 159 kgs</li> </ul>
<b>WARRANTY</b>	<ul style="list-style-type: none"> <li>› 10 Years: Structural Frame</li> <li>› 3 Years: Bearings and Pulleys</li> <li>› 1 Year: Cables and Labor</li> <li>› 120 Days: Upholstery, Handles &amp; Accessories</li> </ul>


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 877.363.8449 › [www.freemotionfitness.com](http://www.freemotionfitness.com)